

# ANCIENT FUTURE

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## **A WORKSHOP AND TRAINING PROGRAM ON ANCIENT WISDOM AND KNOWLEDGE IN ARCHITECTURE, THEIR VALIDITY TODAY TO MAKE OUR LIFE HARMONIOUS, HEALTHY, PEACEFUL AND HAPPY!**

Often we have felt and seen that when we enter a building we spontaneously feel a sense of peace, of feeling relaxed and comfortable. On the contrary there are some places that make us feel extremely jittery, uneasy, uncomfortable, wanting to get out or leave as quickly as possible. Some have felt that since they have moved or have shifted to a new place, they have since been through a lot of difficulties and problems of health, wealth, relationships, etc. Sometime the opposite impact has happened where people have prospered, grown, progressed in all ways, having moved to a new house or place.

The Ancients treated this knowledge as a science dealing with the interaction between the body and the building. In China and Japan this is known as FENG SHUI, in the Indian subcontinent it is known as VASTU SHASTRA and modern science and medicine calls it as GEOBIOLOGY. Traditionally, though called a science, the Ancients never give an explanation of the Why and How? And at some point in time, this knowledge too got lost, but it is being resurrected now, with the help of the advancement in our knowledge, due to modern Science and Technology.

VASTU is a very ancient Indian Knowledge system, developed over thousands of years, through practical observation, experience and understanding the complex human subtle energy systems with the help of Yoga and Meditation. This knowledge is common to all the cultures, as each civilisation discovered the Truths about the existence and workings of the subtle energies of our human body, and created forms to express this understanding and harmony, through our sacred spaces! But in Ancient times not only were some buildings Sacred, but in fact ALL ARCHITECTURE WAS SACRED! What is that knowledge that the Ancients had mastered, which is lost to us, to our present civilisation, which we need to rediscover and reintegrate in our life, in our work, in our homes?

VASTU is still unknown in the West, but is being followed more and more by people in industry, business, and especially for their private homes, all over India. As awareness about this science is growing, people have seen and felt the benefits that Vastu designed or corrected places can bring to theirs or others lives. Often we have been told spontaneously by people who enter a Vastu corrected or designed home - that the first feeling that they have is a deep sense of Peace!

The Course is outlined to help people: therapists, architects, those interested to learn and practice it, to help those in difficulty, find solutions to their problems, by first understanding the working of various subtle energies in our environment, due to our

building design, due to our technologies - such as Electricity, Television, Mobile Phones and Towers, etc how they impact us, and what are the methods by which one can safeguard one's energies and not allow them to be affected and perturbed.

This is a very vast and complex subject, requiring regular practice and work, and mastery of the subject, as one deals with very powerful energies, which have very far reaching consequences. The introductory lecture will outline the nature of the course, the subjects that we will be dealing, and practical training on using of instruments like the Lecher Antenna to help understand the existence, working of subtle energies of the human body, and in our built environment offices, homes, etc.

The course will be conducted by Dr. Prabhat Kumar PODDAR, Architect, Town Planner, Geobiologist, Vastu Researcher and Consultant. Prabhat has grown up and lives at Pondicherry in the Spiritual Retreat and Centre known as the Sri Aurobindo Ashram, since the last 57 years. From 1971 to 1983 he was the Co-ordinator of the Auroville Planning Group for the International Township Project of Auroville, along with the Chief Architect. From 1984 to 1995 he was Co-ordinator for the Sri Aurobindo Institute of Applied Scientific Research in Alternative Energies, and helped establish it at Pondicherry.

In 1995 Prabhat, along with his wife Ila PODDAR, founded the Akash Foundation and earlier the Akash Education and Research Trust - to consolidate research into Ancient Knowledge Systems, into ways of incorporating them into our life, into our education system, in various cultural disciplines in India and abroad; as well as Alternative Energies for making buildings and architectural projects totally self-sufficient, and independent of public utilities.

From 1998 till 2010, and presently he is the Chief Architect and Planner for the Golden City Project of the Oneness Organisation, at Tada, in South India. Kindly visit his website [www.akashfoundation.com](http://www.akashfoundation.com) for more information on his research, work and published articles.

Prabhat is internationally known and reputed for his research work in Vastu and ancient Architecture. He has lectured and continues to lecture in Universities and private seminars and workshops, across Europe, Asia, Africa, Australia, USA and South America. He is very much solicited for his advice and guidance in projects across the world and for energetic corrections of factories, offices, work places and homes around the world too.

Prabhat has since 2 years started a Vastu training program in France, and due to great interest in the subject, he intends to impart his knowledge and experience to others in different countries., through more Vastu Training Programs and Courses which will be held four times a year, for a period of two years and the last third year will be a consolidated final training program at Pondicherry, in India for 15 days including travel dates, so that people can become fully trained Vastu Consultants!